

HOW SERIOUS IS YOUR SNORING?

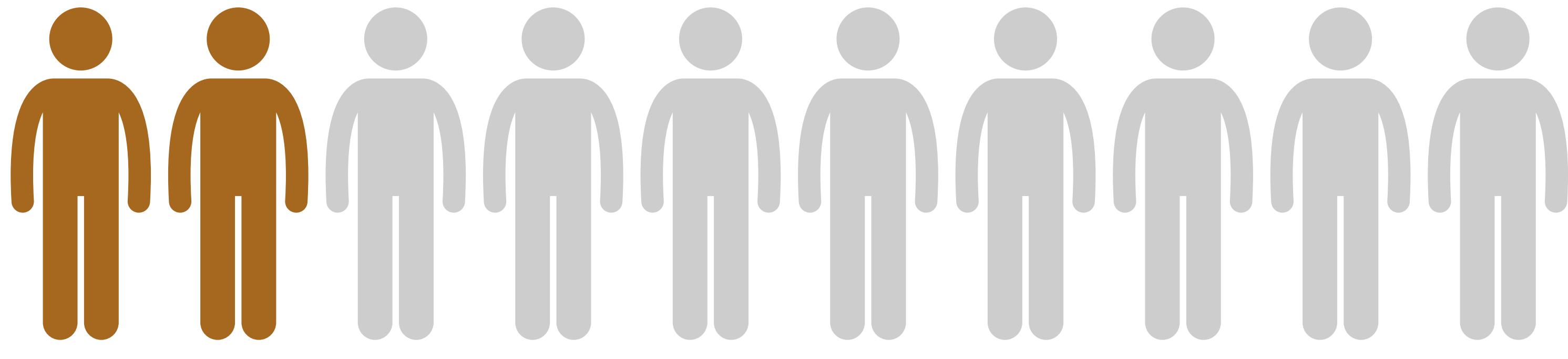


LEVEL 1 | LEVEL 2 | LEVEL 3 | LEVEL 4 | **LEVEL 5** !

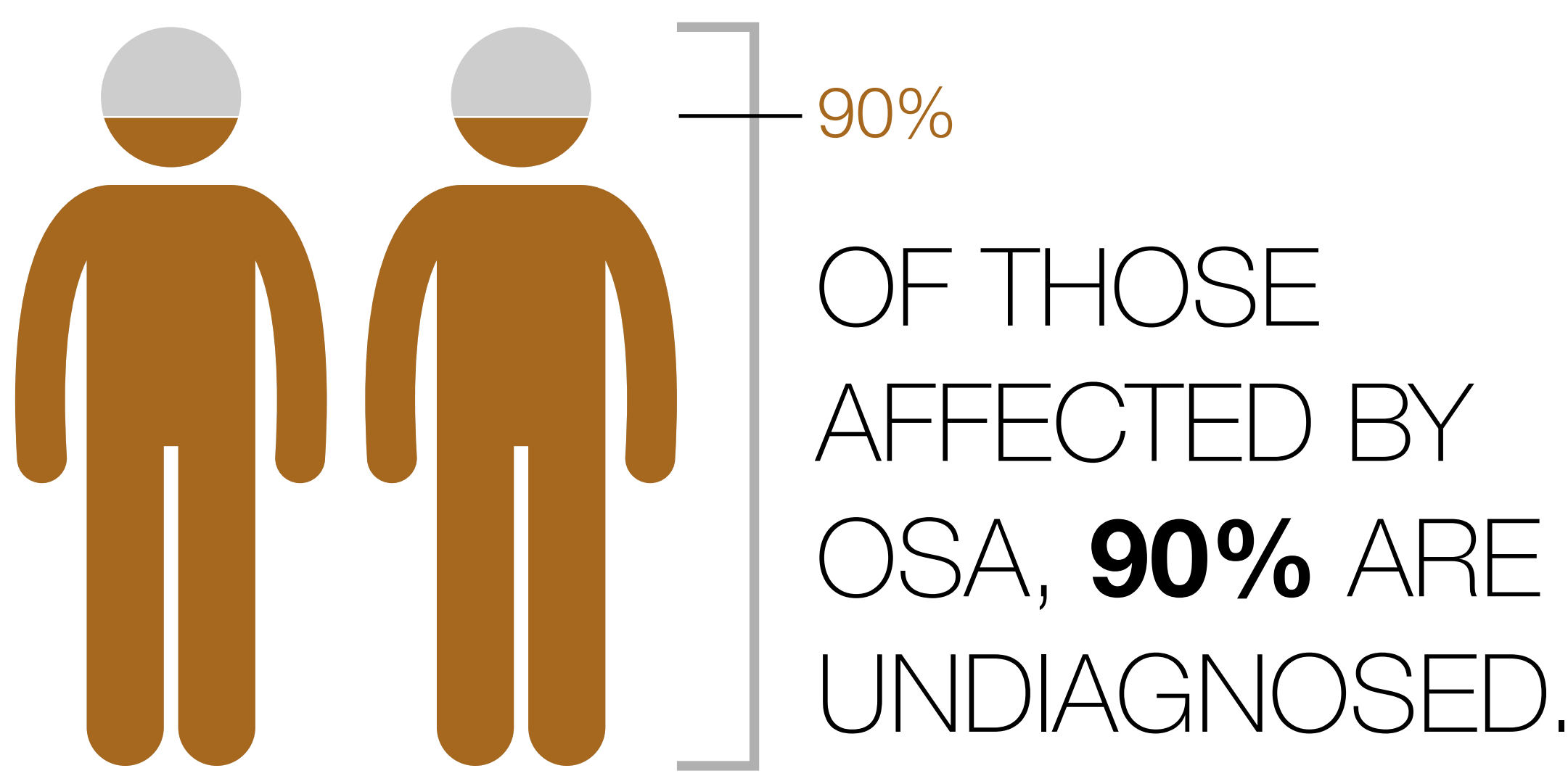
SNORING SEEMS HARMLESS

BUT IT COULD BE A SIGN OF SOMETHING MORE SERIOUS!

DO YOU HAVE OBSTRUCTIVE SLEEP APNEA (OSA)?



OBSTRUCTIVE SLEEP APNEA OR OSA AFFECTS APPROXIMATELY 20% OF US ADULTS.



HEALTH PROBLEMS LINKED TO OSA

HIGH BLOOD PRESSURE	HEART ATTACK RISKS	ERECTILE DYSFUNCTION
FIBROMYALGIA	HIGHER RISK OF STROKE	TYPE II DIABETES
WEIGHT GAIN	ACID REFLUX	HYPERTENSION

SYMPTOMS OF SLEEP APNEA

- | | |
|---|--|
| <input checked="" type="checkbox"/> LOUD SNORING | <input checked="" type="checkbox"/> IRRITABILITY |
| <input checked="" type="checkbox"/> MEMORY LOSS | <input checked="" type="checkbox"/> MORNING HEADACHE |
| <input checked="" type="checkbox"/> IMPAIRED CONCENTRATION | <input checked="" type="checkbox"/> SEXUAL DYSFUNCTION |
| <input checked="" type="checkbox"/> EXCESSIVE DAY-TIME SLEEPINESS | |

ORAL APPLIANCES

VS.

CPAP MACHINES

ORAL APPLIANCES LOOK SIMILAR TO ORTHODONTIC RETAINERS AND TMJ APPLIANCES. THEIR PURPOSE IS TO OPEN THE AIRWAY BY ALTERING THE POSITION OF THE LOWER JAW. ORAL APPLIANCES ARE HELPFUL FOR PEOPLE WHO CANNOT TOLERATE CPAP EQUIPMENT.

COMFORT

FREE MOVEMENT

CPAP (CONTINUOUS POSITIVE AIRWAY PRESSURE) HAS BEEN THE PRIMARY MODE OF TREATMENT FOR OSA. ALTHOUGH EFFECTIVE, THERE ARE MANY WHO HAVE DIFFICULTY WITH THE MASK AND HOSES.

EFFECTIVENESS

PRIMARY TREATMENT

CONTACT US TO LEARN MORE

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